



Are professional sportspeople *particularly* vulnerable to gambling related harm?

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GUESS WHO?



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“If he could pass a bookies as well as he passes a football, he'd be a very rich man.”

**Stan Bowles,
a QPR legend
of the 1970s**



2014

Quantitative research into the gambling attitudes and activities of professional footballers, cricketers and rugby players

Led by Dr Heather Wardle

THE KEY FINDING

Moderate risk gambler

14% in sport compared to 4%

High risk gambler

6% in sport compared to 2%

OTHER FINDINGS

Players gambled more often on a significantly wider range of products –

21% used 7 different types of gambling activities *cf* 12% general population.

OTHER FINDINGS

**Lower income sportsmen tended to be
higher risk of problem gambling**

9% compared to 6%

2016/17

**Qualitative research part-
funded by Gamble Aware**

Emerging issues

- Possible disconnect between group and individual *re* risk of harm
- *“I don’t earn enough money to be a problem gambler”*
- Problem gambling within Mental Health Agenda

Thank you